



**PASADENA ROTARY CLUB**  
**ROTARY INTERNATIONAL**

**SPOKES NEWSLETTER**

DISTRICT 5300 \* Rotary Club 794 \* March 27th, 2020 \* #621  
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**This Week's Program**



**PASADENA ROTARY CLUB'S**  
**APRIL 1, 2020 MEETING**  
**IS CANCELLED**

DUE TO UNPRECEDENTED HEALTH EVENTS AND IN CONSIDERATION OF THE SAFETY AND WELL-BEING OF THE PASADENA ROTARY CLUB MEMBERSHIP, MEETINGS THROUGH THE **END OF APRIL 2020 ARE CANCELED.**

**STAY SAFE, PASADENA ROTARY!**



by President Scott Vandrick



I miss you, Pasadena Rotary Club!

Moments like these bring the importance of personal interactions into sharp focus as all of us try to connect through the webbed world of video conferencing, phone calls, email messages and texts. Technology's lack of energetic transference (who am I, Isaac Asimov?) makes our weekly luncheon meetings rise in power as we contemplate a world of limited human connection. We will be back together again, I know, and when we are we'll toast to community and the treasure of being able to gather together once again as a Club.

Until then, let's stay strong, involved and active in whatever way that is meaningful to you. This week, the Board of Directors came together to brainstorm fun, interesting and engaging ways to keep all of us connected as the Rotary Club of Pasadena. In the time ahead, look for those ideas to come to fruition – there'll be some fun surprises soon so stay tuned.

I remind you that Pasadena Rotary Club has cancelled our in person luncheon meetings through April 30 including the cancellation of April 1, April 8, April 15, April 22 and April

29. In mid-April, the Board of Directors will meet again to discuss and decide on the

29. In mid-April, the Board of Directors will meet again to discuss and decide on the future of scheduled meetings. *Spokes* will continue to be published each Friday during our closure, so please find possible future cancellations communicated here.

A few members have offered to help others with brief errands, meal pickup, pet care, etc. should you need support as a Pasadena Rotary Club member during this time. If you need some help, please email Wendy at [Office@PasadenaRotary.com](mailto:Office@PasadenaRotary.com) or telephone her at (626) 683-8243. If you'd like to be on the growing list of Rotarians who are available to assist members with tasks, email Wendy and put yourself on the "I'm Here to Help!" list! Thank you for this great idea, **Victoria Alsabery** and **Kat Rogers** – let's take care of each other.

In the *Scout Zone* this week, you'll find a section with guest interviewer Immediate Past President **Mary Lou Byrne** with **Eric Duyshart** who participates in "Take Five With the Immediate Past President" – it's a fun read. If you keep scrolling down, you'll find the menu from the University Club, who are offering curbside takeout lunch/dinner service. Check it out – I did this Wednesday and loved it! I'll be ordering every Wednesday until we're back together again.



My spirit of service and my heart of friendship is with you all! Continue to practice kindness and patience as we're all in this unusual situation together, giving each other the right to be scared and to encourage positivity that we'll emerge stronger than ever. As Rotarians, we rise to challenges with dignity and lead with compassion.

Please stay safe and healthy, Pasadena Rotary.

Yours in service,

A handwritten signature in blue ink that reads "Scott". The signature is stylized and cursive.

President Scott, 2019-2020

TELL US WHAT YOU'RE DOING:

**HEY**  
**WHAT ARE YOU**  
**DOING?**



TELL US WHAT YOU'RE DOING.

Now that you have the time to fix that recipe you've been putting off or planting those zucchinis or painting that landscape, let the rest of the Club know what you're up to and we'll update this section each week. We see a lot of bread being baked on social media, so share the recipe!

Thank you Julie Bank and Mary Lou Byrne for this great idea!

Email:

[President@PasadenaRotary.com](mailto:President@PasadenaRotary.com)

Include a short description of your activities and a photo, and look for it here!

## **Scout Zone**

*EDITOR'S NOTE: Scout Zone is on hiatus while weekly meetings are on hiatus. It will return as soon as meetings resume. In the meantime, Centennial President Scott will be acting as Interim Bureau Chief, Interim Editor in Chief, and all round Connector in Chief to keep us all connected and informed as we navigate this unprecedented experience.*

## TAKE FIVE WITH THE IMMEDIATE PAST PRESIDENT

*By Mary Lou Byrne, Bureau Chief Emeritus*



Way back in "The Before Time", two weeks ago, your faithful Immediate Past President and Former First Gentleman Gary Kearney had plans for a fun Couples Date Night with fellow Rotarian, Eric Duyshart, and his lovely wife, Marti. We were going to meet after work at Nick's on Friday, March 13. At the last minute we agreed that discretion was the better part of valor and maybe it would be better to postpone our outing in light of what we were hearing about the possibility of COVID-19 coming to town.

Well. How things change. With no Scoot Zone to write, it occurred to your correspondent that it might be fun to do a "Take Five" to fill the newsletter space and to serve as your special guest interviewer.

And who should come to mind but my buddy Eric? So here we go...

**Eric Duyshart** has been a Rotarian for over 15 years. Raised in Arcadia by parents who immigrated from the Netherlands and Indonesia, Eric was active in swimming and water polo prior to attending college.

Gaining experience in architecture with eventual degrees in urban planning, and Master's degree in public administration, Eric's career included time in city redevelopment and planning.

Throughout his tenure as a Rotarian, Eric has worked in Pasadena City Hall where he manages a range of economic development programs, events, special projects, and the City's real estate. Eric's spouse is a teacher and they have two sons who are both recent UCLA graduates.



*Eric Duyshart and wife, Marti, Immediate Past President Mary Lou Byrne and husband Gary Kearney.*

Now, Eric's FIVE questions:



*Eric Duyshart in younger days?*

**1. If a movie were made of your life, who would play you and why?**

Matthew Broderick was my look alike in college but now I'm more of an Ed Helms.

**2. What's the scariest thing you've ever done for fun?**

I've had the fun experiences of sky diving and white water rafting in my 20's, but there is one fun time turned scary that comes to mind. When a teenager, I was off Catalina shore initially thinking I was swimming toward a dolphin dorsal fin in the distance then panicking mid swim thinking it might have been a shark. I made into shore in record time. I still don't if it was shark or a dolphin.

**3. What is something you can do better than almost everybody you know?**

I pride myself in being able to visualize ideas 3 dimensionally. It seems I can do that better than most, but of course that is not an easy thing to prove.

**4. What's something you did as a kid that your parents still talk about to this day (or talked about for the rest of their lives)?**

Maybe sneaking out late at night or being a "know it all" type teenage. Now I'm usually ready for bed on the early side and understand I am far from knowing it all.



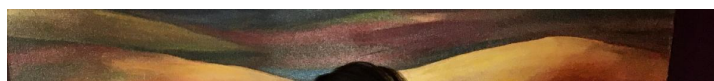


*Eric Duyshart, wife Marti, and their sons.*

**5. What's the best thing you have going on in your life at the moment?**

In the current COVID-19 crisis, I am grateful that I can accomplish a majority of my work from home and spend time with a healthy family.

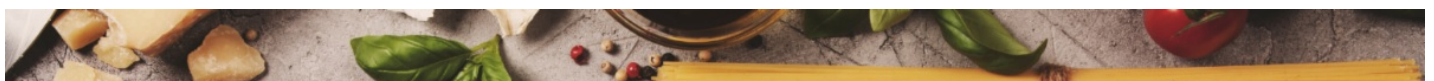
***SPECIAL NOTICE OF CURBSIDE LUNCH PICKUP FOR  
PASADENA ROTARY CLUB MEMBERS  
FROM THE UNIVERSITY CLUB OF PASADENA***





*President Scott enjoys his Wednesday luncheon (the pan seared sole, yum!) from the University Club's curbside pickup – easy, safe and delicious!*

The University Club of Pasadena is now offering curbside pickup for lunch and dinner to go Monday–Friday! Simply call (626) 793–5157 to place your order between 10am–3pm and schedule your curbside pickup between 11:30am–6pm. When you arrive to pickup your order, call the Club and a member of their staff will take your order to your car with gloved hands. During these unprecedented times, the University Club hopes their service can help make your days easier.





# UNIVERSITY CLUB OF PASADENA

## TO GO MENU

Monday - Friday | Members Only

Place Orders 10am - 3pm | Pickup 11:30am - 6pm  
(626) 793-5157

### SOUP

**Chef's Daily Soup of the Day \$3**

### SALADS

#### Mixed Greens Salad

Sliced Strawberries, Fresh Mozzarella,  
Grape Tomatoes, Sweet & Sticky Pecans,  
Balsamic Vinaigrette \$8

#### Baby Arugula Salad

Tomatoes, Hearts of Palm, Red Onions,  
Artichokes, Dijon Vinaigrette \$8

#### Spinach & Baby Kale Salad

Small Salmon Pieces, Avocado, Blueberries,  
Walnuts, Citrus Herb Vinaigrette \$12

#### Caesar Salad

Romaine Hearts, Grape Tomatoes, Garlic Herb  
Croutons, Shaved Parmesan, Caesar Dressing \$8

#### Beets Salad

Golden Beets, Crumbled Bleu Cheese,  
Sliced Apples, Walnuts, Poppy Seed Dressing \$10

#### Fresh Seasonal Fruit

Assorted Fruits with Cottage Cheese \$8

#### Tortellini Pasta Salad

Fresh Vegetables, Artichokes, Cubed Pepperoni,  
Cheese, Creamy Italian Dressing \$10

\*Add salmon, chicken, or steak  
to any salad for an additional \$6

### COMPLIMENTARY DESSERT

**Homemade Chocolate Chip Cookie**

### SANDWICHES & WRAPS

#### Chicken Caesar Wrap

Romaine, Croutons, Shaved Parmesan,  
Creamy Dressing, Wrapped in a Tortilla \$10

#### BBQ Chicken, Tri Tip, or Quinoa Wrap

Mixed Greens, Black Beans, Roasted Corn,  
Tortilla Strips, Wrapped in a Tortilla \$12

#### Turkey Club Panini

Oven Roasted Turkey Breast, Smoked Bacon,  
Swiss Cheese, Garlic Aioli \$10

#### Chicken Pesto Panini

Grilled Chicken Breast, Homemade Pesto,  
Tomatoes, Provolone Cheese \$10

#### Tuna Melt

Homeade Tuna Salad, Tomatoes, Avocado,  
Jalapeños, Cheddar Cheese, Wheat Bread \$11

### ENTRÉES

#### Mediterranean Grilled Chicken Kabobs

Jasmine White Rice \$12

#### Slow Oven Roasted Brisket

Garlic Mashed Potatoes, Vegetable Medley \$12

#### Pan Seared Basa Sole

Quinoa Rice Pilaf, Steamed Broccoli,  
Homemade Tartar Sauce \$12

#### Grilled Lemon Chicken Breast

Steamed Brown Rice, Vegetable Medley \$12

#### Portobello Mushroom Ravioli

Creamy Tomato Sauce \$12



UNIVERSITYCLUBPASADENA.COM  
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## Upcoming Events



2020  
Rotary  
International  
Convention in  
Hawaii  
on June 6-10  
has been  
canceled

[CLICK HERE FOR MORE INFORMATION ABOUT ROTARY INTERNATIONAL 2020 CONVENTION CANCELLATION](#)



### **DISTRICT 5300 ASSEMBLY & CONFERENCE**

MAY 1 & MAY 2, 2020  
WESTIN, PASADENA

**POSTPONED**

### **ROTARY INTERNATIONAL FOUNDATION GALA DINNER**

SATURDAY, MAY 2, 2020  
WESTIN, PASADENA

**POSTPONED**

PASADENA ROTARY CLUB WILL BE MAKING A BIG ANNOUNCEMENT THAT EVENING  
– YOU WON'T WANT TO MISS IT! MAK YOUR CALENDARS TO JOIN US!

## **Happy Birthday To These Rotarians!**

John Perez

March 26

David Minasian

March 28

Peter Boyle

March 30

Fred Soldwedel

March 31

Marilyn Buchanan

April 1

## Rotaversary

|                               |                |                                |
|-------------------------------|----------------|--------------------------------|
| <b>Catherine Haskett Hany</b> | March 27, 2002 | 18 years                       |
| <b>Eszylfie Taylor</b>        | March 30, 2016 | 4 years                        |
| <b>Roger Adams</b>            | April 1, 1987  | 33 years                       |
| <b>Mel Cohen</b>              | April 1, 1987  | 33 years + 12 years - 45 years |
| <b>Frank Fish</b>             | April 1, 1996  | 24 years                       |
| <b>Bob Rosenberg</b>          | April 1, 1994  | 26 years                       |

## 7 Day Notice

Gil Kerkbashian

Sponsor: Howard Raff

## Resignation

Ilona Linden

SPOKES is a weekly newsletter published by the Rotary Club of Pasadena.

**Mailing Address:**  
Rotary Club of Pasadena  
556 S. Fair Oaks Ave. Suite 101 #379  
Pasadena CA 91105

**Weekly Meeting Address:**  
The University Club  
175 N Oakland Avenue  
Pasadena CA 91101  
\*Complimentary Valet Parking

Should you have questions regarding this publication, please call us at 626-683-8243 or 626-400-6750 or send us an email to [office@pasadenarotary.com](mailto:office@pasadenarotary.com).

Visit our website [www.pasadenarotary.com](http://www.pasadenarotary.com)



*See you on Wednesday!*